UR RESOURCE GUIDE FOR STUDENTS

Did you know you can access old syllabi for classes through Blackboard? Or that you can download all of Microsoft Office for free? The University of Rochester has so many resources to offer, but some are much easier to find and use than others. As a result, we have created this resource guide, designed For Students, By Students, to help you learn about and access all the different resources the University has to offer. This is not a complete list, but we have done our best to include as many as we could think of. If you believe an important resource is missing, if a link does not work, or if there are any other concerns, please let us know by contacting president_sa@u.rochester.edu. Enjoy!

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• Academic Policies and Handbooks: You can find all of the University's policies and handbooks here. This includes the policy on academic honesty that goes over what qualifies as cheating and plagiarism for the University.

- Access to Undergraduate Research Activities: <u>AURA</u> allows students to look for research opportunities and connect with mentors looking to fill research positions. You can find opportunities at UR or other campuses.
- Additional Academic Opportunities: This page allows students to look into some non-traditional academic opportunities that are available, such as classes at Eastman, internships, and fellowships. Some opportunities on this page are also featured elsewhere in this guide.
- **All-Gender Bathrooms:** This document from the Health Promotion Office lists all-gender restrooms on campus. If you prefer using all-gender restrooms, reference this sheet to figure out where the closest ones to you are.
- Basic Needs Hub: The Basic Needs Hub works to connect students to campus and
 community resources in critical times of need. Students can submit a request for essential
 necessities, such as clothing, shelter, or toiletries. It does not cover items that are included
 within financial aid packets. If you would like to learn more or submit a request, head to
 their website.
- Bias-Related Incident Report: If you witnessed an incident that was motivated by
 discrimination of a person or group, you can fill out the <u>Bias-Related Incident Report</u>.
 Filling out this form leads to a Bias-Related Incident process where campus resources
 work to find the best approach to handling the incident.
- Box: Box is a cloud-based network students can use to share, manage, and collaborate on documents and resources. Professors may also use Box to share class resources with students and have students collaborate on assignments. To activate and access your Box account, go here.
- Campus Information Center: Lost something in a campus life center? Need to hang up posters for an event or organization? In need of a Seasonal Affective Disorder Lamp? The Campus Information Center can help! The Center, which is located on the second floor of Wilson Commons offers a wide variety of services, which you can check out here!
- Campus Offices: Here, you can access the different administrative offices around campus. The Office of the Bursar, the Financial Aid Office, and Public Safety. Some offices on this page are also featured elsewhere in this guide.
- CARE Network: The CARE Network is a place where students are able to express concern for another person, an incident, or an issue. Students fill out a report where they describe their concern. Students do have the ability to fill out a report for themselves if they are struggling. Information on the CARE Network can be found here.

• CCC: Campus Community Connections (CCC) is the campus engagement platform used by the UR. On CCC, students are able to find upcoming events or clubs that they may be interested in taking part in. Using your UR credentials, you can access CCC through here.

- Center for Community Engagement: The Center for Community Engagement works to connect the UR campus to the broader Rochester area. They provide volunteer opportunities and community-based learning opportunities. The Medallion Program, which helps students develop leadership skills, is also put on by CCE. More information can be found here.
- Center for Education Abroad: The Center for Education Abroad assists students in studying abroad. They have advisors as well as ambassadors that students are able to meet with to help plan their study abroad. The Center for Education Abroad can be accessed here.
- Center for Student Conflict Management: If you are struggling with dealing with conflict, check out the Center for Student Conflict Management! The Center provides students with training and access to conflict resolution processes. If you are struggling with conflict management, feel free to reach out to CSCM, who will connect you with a staff member to help you work through ways to solve the conflict.
- Class Syllabi: You can find the syllabi for most classes through Blackboard. This can be helpful when registering for classes to get a feel for the course work, when assignments might be due, and when exams might be. To access, go to Blackboard → Tools → Content Collection → Institution Content → Syllabi.
- Cluster Search Engine: The Cluster Search Engine can help you find clusters related to each other and associated with specific departments. For example, you can filter it to show all the Political Science clusters. You can also find clusters containing specific classes. The Cluster Search Engine can be found here.
- College Center for Advising Services: The College Center for Advising Services assists
 students by providing academic information, opportunities, and solutions to academic
 problems. Students are able to meet with advisors or Peer Advisors for help with course
 selection, major declaration, study abroad, and more. Information on the CCAS can be
 found here.
- College Town Directory: <u>This directory</u> provides information on the shops in College Town. Using the website, students can find out more about the shops in College Town, upcoming events, and other important information, such as where to park.
- Comment/Complaint/Praise Form: If a student feels as though they have received unfair treatment or have an academic concern, they can fill out the comment or complaint form. Or, if a student feels as though a professor or class is particularly good, they can submit a praise form. Nonacademic comments/complaints/praise can also be submitted through these forms and will be forwarded to the correct department.

• Course Reserves: Before buying textbooks for classes, check out <u>Course Reserves</u> through the library! Course Reserves allows students to borrow a required text for a class for a couple of hours rather than buying the book.

- Department of Public Safety: Aside from responding to emergencies on campus, PubSafe also can provide students with safety escorts, lost and found, and crisis intervention. They also house the Medical Emergency Response Team, which can be contacted for medical emergencies on the River Campus, Eastman School of Music, or Medical Center. To learn more about the services PubSafe provides, head to their website.
- **Digital Accessibility:** Digital accessibility makes sure that online resources for the University are accessible to everyone. Digital accessibility allows students to meet online needs, such as closed captioning. Students needing greater accessibility can go to the website and go to "Get Help" or "Report a Barrier."
- **Dining:** If you're looking for information on meal plans or trying to decide where to eat, make sure to check out Dining! <u>Their website</u> provides the hours of operation and menu for all dining locations on campus, as well as information on upcoming events, how to switch your meal plan, sustainability efforts, and more.
- Eastman School of Music: Did you know River Campus students are able to take lessons at Eastman? Or that River Campus students are able to attend free concerts at Eastman? The Eastman School of Music is here to help students explore their musical artistry and is the primary stop on the Red Line. To learn more about Eastman, including when events are, check out their website. If you want to learn more about the resources Eastman has for River Campus students, check out this website.
- **Facilities:** Facilities ensures physical spaces on campus are properly working. Students on campus are able to submit service requests if they notice something is not working, such as the lock on a dorm window, an automatic door button, or a light. Service requests can be submitted by calling, emailing, or through an online form available on the <u>website</u>.
- **Financial Aid:** The Financial Aid Office helps students understand the different types of aid they can receive and how to apply for aid. Additionally, the Office provides students with free access to Financial Avenue to help with financial literacy. If you have questions about financial aid, reach out to your assigned advisor or head to their website.
- **Food Pantry:** If you are a student who is food insecure, check out the Food Pantry, which provides non-perishable food items. Students are able to browse the pantry or pre-order a bag to pick up. Learn more about how to use the Food Pantry, its hours, and how to donate using this link.
- **Forms:** Looking to add/drop a course? Is it your sophomore year and you need to declare your major? The <u>Forms page</u> includes various academic forms and requests students might need throughout their time at the University.

• Fraternity and Sorority Affairs: The Office of Fraternity and Sorority Affairs works to advice, advocate for, and promote the development of Greek life members through partnerships. The office provides information to students on joining a fraternity or sorority and policies governing Greek life on campus. To find out more, you can check out the office's website.

- Goergen Athletic Center: The Goergen Athletic Center (GAC) provides multiple facilities available to students and athletic teams to use. The GAC is home to the Leibner-Cooper Room, which houses fitness classes, dance practices, and more, as well as the Bloch Fitness Center where students can access free weights, weight machines, and cardio equipment. Students can also rent equipment from the GAC, such as basketball, tennis racquets, and badminton supplies. To learn more about the GAC, head over to their website.
- Greene Center: The Greene Center assists students with their professional goals. Students are able to meet with advisors for assistance on resumes, interviews, cover letters, finding a job or internship, and more. They also host events to assist students, such as Job Fairs at the start of the Fall and Spring semesters. You can access the Greene Center's website here.
- **Handshake:** Handshake is designed to help students find off-campus jobs. The site can be particularly helpful for finding summer internships. It can be accessed <u>here</u>, and the Greene Center can help students learn how to navigate the site to get the best results.
- **IMPACT:** SA IMPACT is a petition site that allows students to gather support for their ideas to get SA to act. Students are able to access SA Impact, ongoing petitions, and create their own petitions here.
- Interfaith Chapel: The Interfaith Chapel provides a safe space for students to worship their faith. The Chapel is open to students with strong religious affiliations, students who identify as spiritual rather than religious, and students with no religious affiliation. Throughout the academic year, the Chapel hosts various events for students of different faiths. Students can access a calendar of events and learn more about the Chapel at its website.
- International Services Office: The International Services Office focuses on assisting international students, including issuing immigration documents, advising on immigration matters, and assisting with adjusting to the culture in the US and Rochester. More information on the ISO can be found at their website.
- **JobLink:** JobLink is where students find and apply for on-campus jobs. It can be accessed on Blackboard by scrolling to the bottom of the home page and selecting "JobLink" under the subheading "Jobs and Internships."
- **Kanopy:** Kanopy is a streaming platform that provides free access to TV shows, movies, documentaries, and educational videos. The UR provides over 20,000 titles through Kanopy, which can be accessed here.

• Language Center: The Language Center promotes the languages taught on campus as well as increases intercultural awareness. The Language Center provides classrooms and study spaces as well as peer tutoring support. Students are also able to attend weekly conversation hours and regular language awareness events hosted by the center. Their website is accessible here.

- **Libraries:** The River Campus offers six different libraries students can use. Services include course reserves where students can access textbooks for classes for free, access to major-specific librarians for research questions, and spaces to reserve. Information on the libraries and the services available can be found here.
- Mail Center: The Mail Center is responsible for managing mailboxes for students and processing on-campus mail. It also provides most typical mailing and shipping services, such as selling stamps, boxes, and envelopes. To learn more about the functions of the Mail Center, go to their website.
- Meliora Collective: Described as LinkedIn, but just for UR graduates, the Meliora
 Collective allows students to connect with alumni to explore career paths, get advice on
 resumes, or practice interviewing. Students are able to use search filters to find the
 support they are looking for or sign up for a formal mentorship program. To learn more
 and join the Meliora Collective, go to this site.
- Medallion Program: The Medallion Program allows students to develop their leadership skills and learn more about their leadership style through workshops. Through the Medallion Program, students will complete workshops of their choosing that relate to Knowledge Acquisition, Cognitive Complexity, Interpersonal Competence, Civic Engagement, Practical Competence, and Intrapersonal Development. To learn about the Medallion Program and how to join, you can check out their website.
- Medical Emergency Response Team: MERT is a basic life support agency located on campus. MERT provides emergency medical care to students and will also work campus events. To learn more about what MERT does, how to join, and provide feedback, head to their website.
- **Microsoft Office:** All UR students are able to access Microsoft office for FREE. <u>This link</u> leads to directions to download Microsoft Office.
- New York Times: Students can access a free subscription to the New York Times using their school log-in information. To access your account, head to this link, enter the University of Rochester, then follow the directions. You do need to register using your UR email to gain access.
- Office of the Bursar: Have questions about tuition costs, bills, or fees? Curious about payment plans? The Office of the Bursar is here to help navigate paying for school. Learn more about how to contact them, what they do, and find the answers to frequently asked questions here.

• Office of Disability Resources: The Office of Disability Resources helps students access academic content and provide an inclusive experience. Students are able to access disability accommodations through the office, and can consult with an access coordinator when deciding whether or not to pursue accommodations. This is the Office's website.

- Office of Minority Student Affairs: The Office of Minority Student Affairs assists all historically underrepresented minority students. The office hosts programs and events meant to assist minority students with graduation. To find more information, including a calendar of events, you can access the website here.
- Office of the Dean of Students: The Office of the Dean of Students provides students with policies and services that support and contribute to learning and community development. Under the Office are subunits, such as Wilson Commons and the Office of Conflict Management, that plan programs and help to address issues. Students can learn more about the services the Office provides and different University policies here.
- Office of the Provost: The Office of the Provost oversees the schools that make up the
 University and many academic support offices. On the Office's website, students are able
 to find academic calendars, handbooks and policies, and learn about fellowships.
 Students can also learn more about what the Office does, different academic resources,
 and more.
- Office of the Registrar: Students are able to access their academic records and the academic calendar through the Office of the Registrar. Their website will have information regarding when final exams are, when course registration is, and any important academic dates, including final days to add and drop classes.
- Office of Residential Life & Housing Services: ResLife works to support students living on campus. They provide students with services for laundry, pest control, microfridge rentals, summer storage, and more. To learn more about what ResLife provides and how to access their resources, check out their website.
- Office of Undergraduate Research: The Office of Undergraduate Research assists students in finding and funding research. Their site provides information on how to get started looking for research opportunities as well as addressing frequently asked research questions. The office will also hold events to educate students on research opportunities. If you are interested in doing research at UR, I recommend checking out their website.
- PassioGo: PassioGo allows shuttle users to track shuttle locations, and allows students to look at shuttle maps, set bus arrival alerts, and tag favorite routes. While PassioGo is currently experiencing issues, you can learn more about the app and how to download it here. Until PassioGo is fully working, students can look at <a href="https://shuttle.com/shutt

• Paul J. Burgett Intercultural Center: The Paul J. Burgett Intercultural Center works to promote cultural awareness and engagement, as well as educate students on issues related to identity, culture, and diversity. The BIC provides the intercultural lounge for studying and an LGBTQ resource area, as well as offering classes. More information on what the BIC is and does can be found <a href="https://example.com/here/ben/he

- Policy Against Discrimination and Harassment Report Form: The University's
 Policy Against Discrimination and Harassment (PADH) prohibits the discrimination of
 individuals on the basis of any status protected by law, such as age, race, veteran status,
 and sexual orientation. If you have experienced or witnessed behavior in violation with
 PADH, students are encouraged to fill out the <u>PADH form</u>. To learn more about PADH,
 go to this page.
- **Printing Locations:** To find an available printer, check out <u>this list</u> of Computer labs from University IT.
- **Printing:** Students are able to print in black and white, and color using University printers. To set up mobile printing or a printer, students can check out this <u>website</u>. Per-page rates do apply for students.
- **Rochester Traditions:** Everyone knows the 4 spirit weekends on campus, but did you know Rochester traditions stretch all throughout the year? Learn more about all the Rochester Traditions and how you can get involved here.
- Safe Sex Express: The Safe Sex Express delivers free sex supplies and information to students. This anonymous service provides students with condoms, lube, and more. You can request supplies from the Safe Sex Express and learn more about the program here.
- **Shuttle Schedules:** You can find the timing for the different schedules as well as the drop-off and pick-up locations <u>here</u>.
- **Speed Queen:** Need to do laundry but want to make sure there's a free machine first? Want to get notified when your laundry is done? The Speed Queen app lets you know when a machine is available and your cycle is done. To use the app, download it from the app store, enter the location code 121466, select the machine you use in the app, and start the washer.
- Stream2: Stream 2 is on online digital streaming service that runs television networks. available for free to students. Using Stream 2, students can watch live TV and sports while on University networks. To set up Stream 2 on your computer, you can access the instructions here.
- Students' Association: The Students' Association Government is a resource for concerns of the student body. SA Government advocates on behalf of the student body on all aspects of the student experience. Students are able to reach out to different branches in SA if they need help. For example, if students are experiencing DEI issues, such as accessibility issues or bias-related issues, they can reach out to the DEI committee for assistance. To learn more about SA, the committees, and how to get involved, check out their website.

• **Student Employment Office:** The Student Employment Office supports the hiring process for students on campus. The SEO provides counseling, job fairs, workshops, and recognition events to help students find employment at UR. You can find out more about the resources the SEO offers at their website.

- **Student Fellowships Office:** The Student Fellowships Office assists students in applying for fellowships, scholarships, and awards. The Fellowships Office helps students that are applying for merit-based awards for undergraduate study, and can help you find awards you are eligible for. More information can be found here.
- **TELUS:** TELUS is a telehealth number UR students can use from anywhere that provides free, confidential support. Services are available in English, Spanish, French, Mandarin, and Cantonese. You can find out more about TELUS here.
- The Learning Center: The Learning Center provides academic support for students in the form of workshops, study groups, and tutoring. The Learning Center also has a quiet place for students to study free of distractions and academic coaching. You can find the classes the Learning Center has study groups and tutoring for here.
- **Title IX Office:** The Title IX Office is here to help students who have experienced sexual misconduct. The office has resources for students who have experienced sexual misconduct themselves or if they know someone who has. Title IX will also host events educating students about consent and sex. More about the Title IX Office can be found here.
- **University Counseling Center:** The University Counseling Center provides counseling for students at UR. They provide a comprehensive initial assessment to create a treatment plan to help students. UCC provides individual therapy, group therapy, and light therapy to combat seasonal depression, as well as 24/7 support. More information on the support provided by UCC can be found here.
- University Health Service: The University Health Service works to improve the health and well-being of students. UHS encompasses primary care, UCC, and the health promotion office. The office provides STI testing, COVID testing, as well as information on current illnesses going around. You can find more about UHS at their website.
- University IT: University IT is here to assist students with technical issues they may have. They can help with issues arising from the WiFi, and will inform students of any email fraud that is happening. You can also report suspicious activity to University IT. More information can be found here.
- Waitz: Need a place to study but don't want to feel overcrowded? Looking to meet up with a group and want to make sure there will be enough space? Waitz provides real-time crowd levels for Carlson Library, POA Library, and Rush Rhees Library so you can know how crowded spaces are before you go.
- Wall Street Journal: All current students can access the Wall Street Journal through UR's institutional account. To do so, head to this link and log-in using your UR username and password.

Wilson Commons Student Activities: Wilson Commons Student Activities oversees
student organizations and student life spaces. They are also responsible for putting on
community events and weekends, such as YellowJacket Weekend. WCSA does provide
employment opportunities for students, including at the Common Market and Rocky's.
You can find more about what WCSA does, the events they host, and employment
opportunities here.

• Writing, Speaking, and Argument Program: The Writing, Speaking, and Argument Program assists students in developing their communication skills. WSAP provides classes and tutoring that help students become better academic communicators. Students are able to make appointments to practice public speaking and get feedback on writing assignments. To find out more about how WSAP can help you, especially with WRTG105, check out their website.