

*LEARN WHAT YOU  
LOVE  
GIVE WHERE YOU  
LIVE*



Guide to Learning and Serving  
2008

Produced by:

Community Service Network  
Rochester Center for Community Leadership  
500/510 Wilson Commons  
University of Rochester  
Rochester, NY 14627  
585-275-4085

## Letter to students serving the Rochester community:

I loved my four years at the University of Rochester, and part of the reason I enjoyed my time here so much is because I really got to know the Rochester community. As college students, our schedules can be pretty crazy, but most of us usually have a good amount of free time. Even with at least a full course load and working a part-time job, I always found I had several hours to spare. And I chose to spend those hours in Rochester, learning about and helping in the community.

Rochester is a great city, but like any city, it faces challenges. As students, we have many talents and resources to offer the community, but we also can learn a lot from the people we are “serving”. I’ve come to realize that I help myself just as much as I help others when I do community service. Entering a new environment and interacting with diverse people may be daunting, but if we are open to new ideas, flexible, and willing to communicate and make an effort, this situation can be extremely positive. Service often helps students learn more about the wider world and shape their views, and may give us an idea of what we want to do in the future.

There are so many opportunities to become involved in the Rochester community here that you can pursue something you are really interested in. This guide serves as an introduction, but the Community Service Network and the Rochester Center for Community Leadership are available to help you find additional opportunities and help you in any other way. They have many resources to offer so make sure you take advantage of them!

One last thing: in addition to serving your community, make sure you are enjoying yourself. Rochester is a multicultural and diverse city that is home to a variety of museums, performance groups, athletic events, festivals, restaurants, shops...the RED (Rochester Every Day) program has much more information on places and discounts. So while you’re out there helping to better the community, which in itself is very rewarding, don’t forget to enjoy everything else Rochester has to offer!

Meghan Ochal, Anthropology '05  
Community Learning Fellow, Urban Fellow '03

# TABLE OF CONTENTS

## Section One:

<i>The City of Rochester</i>	4
City Living	5
Rochester Statistics	7

## Section Two:

<i>IDENTIFYING SERVICE OPPORTUNITIES AND IMPLEMENTING YOUR PROJECT IDEAS</i>	13
Self Assessment/ Exploring Opportunities	14
The First Meeting	15
Implementing Your Project Ideas	16

## Section Three:

<i>AREA AGENCIES &amp; TRANSPORTATIONS</i>	17
Agency listing	
Student Groups	28
Transportation	29

## Section Four:

<i>EFFECTIVE SERVICE</i>	30
Nonprofit Culture	31
Being Effective at Your Site	31
Diversity and Culture	32
Strategies for Working with Various Groups	33

## Section Five:

<i>SAFE SERVICE</i>	35
Safety Tips	36
Transportation Safety	37

## Section Six:

<i>After Service</i>	38
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## Section Seven:

<i>RESOURCES AND REFERENCES</i>	41
Internet Resources	42
Selected Articles	43

Section One:

*THE CITY OF ROCHESTER*

# THE CITY OF ROCHESTER

- **Founded** in 1803
- **Population:** 219,773 (2000 Census)
- **Located in Monroe County** (population: 736,738)
- **Defining Characteristics:** Lake Ontario, Erie Canal, Genesee River, Amtrak Rail Roads
- **Parks:** Highland Park, Genesee Valley Park, Cobbs Hill Park
- **Entertainment:** Frontier Field, Strong Children’s Museum, Eastman House, Memorial Art Gallery, Public Market, and more
- **Average Snowfall:** 95.0 inches (30 Year Annual Average)
- **Mean Temperature (July):** 71.3 degrees Fahrenheit
- **Mean Temperature (February):** 23.6 degrees Fahrenheit
- **Mayor of Rochester:** Robert (Bob) Duffy - responsibilities include NET offices, Parks and Recreation Departments, Rochester City School District, Housing and Development (elected in 2005)
- **City Council:** 9 members elected to 4 year terms—responsibilities include voting on budget, laws, ordinances, and resolutions. Council Meetings are open to the public the second Tuesday of every month at 8 pm ([click here for more info](#))
- **Monroe County Executive:** Maggie Brooks - responsibilities include Voter Registration, Medicaid, Medicare, Work Force, Motor Vehicle Records (re-elected in 2007)

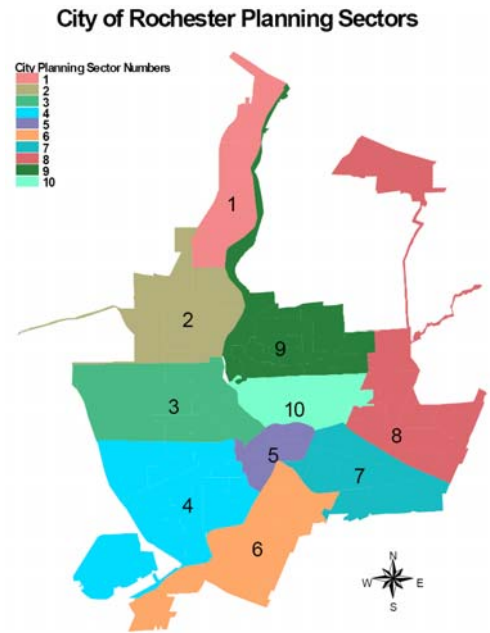
## CITY LIVING

The city of Rochester is divided into four main quadrants, which are additionally broken into ten sectors. Each of these sectors is home to one or more neighborhoods. The following website focuses on area homes and architecture, however, it also provides a good overview of the unique neighborhoods and what community development plans are underway: <http://www.rochestercityliving.com/neighborhoods/neighbor.html>

Rochester has six Neighborhood Empowerment Teams (NET offices) that function as neighborhood watch areas. NET establishes teams of residents with city staff to formulate and accomplish effective solutions to their neighborhood, all supported by the resources of “City Hall.” The NET offices are open weekly to community members to discuss development projects, quality of life, and neighborhood challenges.

## Neighborhoods by Sector:

- Sector 1:** *Charlotte:* Lake Ontario's Beach. Currently Charlotte is undergoing one of the most massive revitalization projects in its two-century history. As part of the city's efforts to capitalize on Rochester's waterways, the harbor district is getting a \$75 million face-lift.
- Sector 2:** *Maplewood:* Located in Rochester's northwest quadrant, is bounded on the north by Holy Sepulcher and Riverside Cemeteries, two of Rochester's largest and most picturesque cemeteries; on the east by the spectacular Genesee River gorge and Lower Falls, on the south by Driving Park Avenue, built partially along an 1870s racetrack, and on the west by Mount Read Boulevard.
- Sector 3:** *Edgerton, Lyell-Otis, Brown Square, JOSANA, POD, UNIT, Susan B. Anthony:* The district is significant for its association with the history and development of Rochester's carriage and shoe manufacturing industry of the nineteenth century. The district is also significant for its association with the internationally noted suffrage leader, Susan B. Anthony, who resided there from 1866 until her death in 1906.
- Sector 4:** *BEST, Mayor's Heights, Plymouth-Exchange, Genesee-Jefferson, 19<sup>th</sup> Ward:* Key businesses and institutions enrich the Plymouth-Exchange neighborhood. The successful Canfield & Tack Printing company provides local jobs while the Phyllis Wheatly branch library, the Flint Street Community Center and the Montgomery Neighborhood Center offer programs for area residents. Dozens of small and large churches call the area home.
- Sector 5:** *Central Business District, Corn Hill:* No one is certain how Corn Hill got its name, although there is speculation that captains of the river freight barges were told that they had reached Rochester when they saw the last "corn hill," before the falls on the Genesee River.
- Sector 6:** *South Wedge, Ellwanger-Barry, Highland, Swillburg, Strong:* This neighborhood has maintained much of its skilled craftworker-artisan background, resisting the pull of gentrification. South Avenue and Clinton Ave, with its urban mixture of small, independently owned shops, quality restaurants, and neighborhood services, have remained the neighborhood's central business districts for many years.
- Sector 7:** *Atlantic-University, East Avenue, Pearl-Meigs-Monroe, Upper Monroe, Park Avenue, Cobbs Hill:* East Avenue's mansions attracted middle-class homeowners to the adjoining side streets. Developers continued the stately aura of the area with deed restrictions and park-like malls down the center of roads. Neighborhood of the Arts, on University Ave., is at once the cultural center of Rochester and a residential Phoenix. Only 15 city blocks long and a scant three blocks wide, this weighty district packs in more museums, cultural institutions, art schools, galleries, and studios than any other neighborhood in the Rochester metropolitan area.
- Sector 8:** *Beechwood, Browncroft, Culver-Winton, Homestead Heights, Northland-Lyceum The Culver-Winton-Main:* Offers classic urban charm within easy walking distance of a delightful 80-acre wilderness preserve. The city's most popular branch library is located at 611 North Winton Road and long-established eateries abound. Rizzi's and Remington's anchor the major intersection of Merchant's Road and Akron Street, not to mention Captain Jim's, voted the "Best Fish Fry in Town," and the Winfield Grill and Calabougie Sound on North Winton Road
- Sector 9:** *14621:* Today, 14621 is best described as a cultural mosaic. African-Americans, Hispanics, Asians, Bosnians, Ukrainians, and Turks have joined European-Americans to make this one of the most ethnically diverse residential area in greater Rochester.
- Sector 10:** *North Marketview Heights, South Marketview Heights, Upper Falls:* Out-of-towners make their first visit the High Falls Visitor Center, which directs them to all the 101 things to see and do in Rochester. The Visitor Center is conveniently located right next to galleries, shops, bars, and the infamous waterfall. On the other side of the falls is the Public Market where hundreds of local farmers and business owners set up.
- Cited from: <http://www.rochestercityliving.com/neighborhoods/neighbor.html>



## ROCHESTER STATISTICS

As with any area, Rochester is a much more complicated place than we can show with simple statistics. However, the statistics shown here can give you a good idea of some of the issues facing Rochester, and provide some background and context for your service.

### POPULATION

The City population of Rochester is 215,093  
 Monroe County population is 735,177

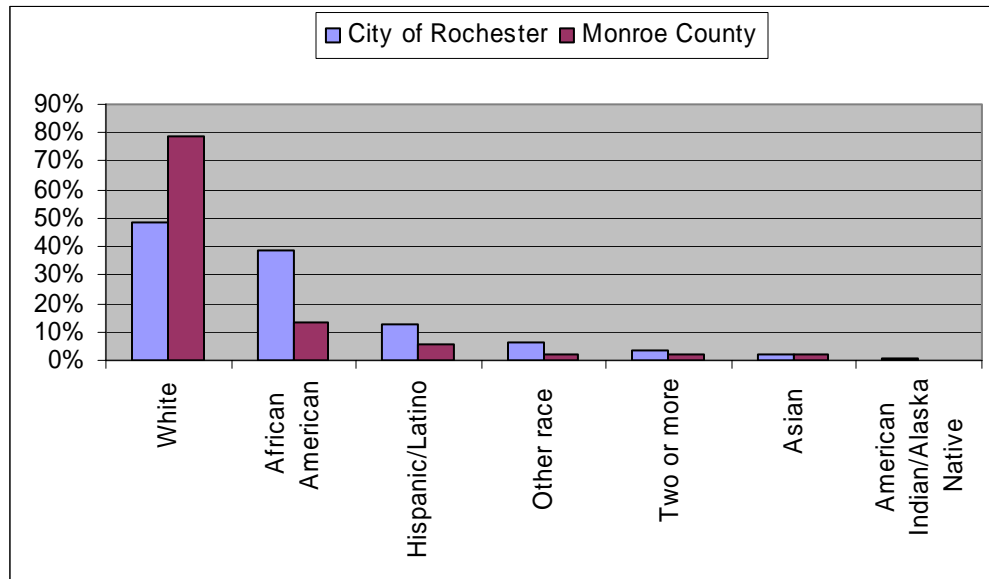
*Additional Data for 2000: Percentages of city residents*

Persons under 5 years old	7.8%
Persons under 18 years old	28.1%
Persons 65 years old and over	10.0%
Female Persons	52.2%

(Source: U.S. Census Bureau, 2000 Census)

## RACE/ETHNICITY

(Source: U.S. Census Bureau, 2000 Census)



## POVERTY

Monroe County's median household income in 1999 was \$44,891, but the city's median household income was only \$27,123 (compared to \$43,393 for all of New York State).

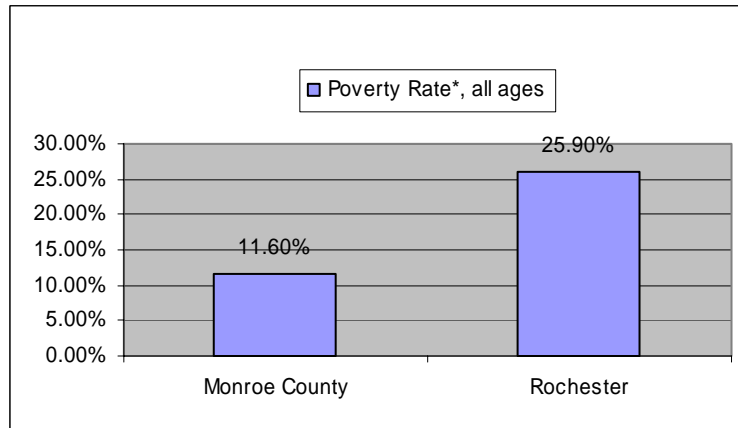
2003 Poverty Guidelines, U.S. Department of Health and Human Services

Size of Family Unit	48 Contiguous States and D.C.
1	\$8,980
2	\$12,120
3	\$15,260
4	\$18,400
5	\$21,540
6	\$24,680
7	\$27,820
8	\$30,960

(Source: Federal Register, Vol. 68, No. 26, February 7, 2003, pp. 6456-6458)

## POVERTY RATE

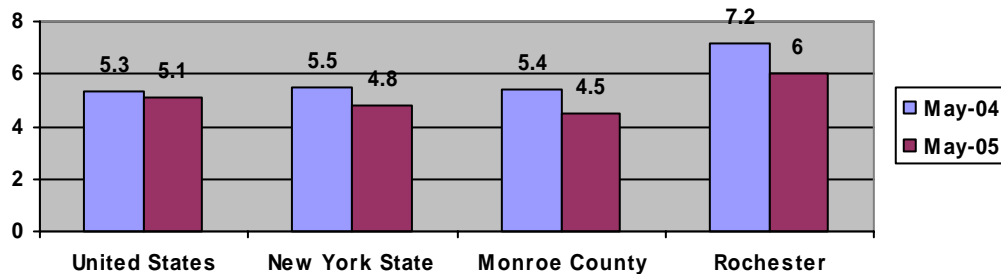
Rochester has one of the highest poverty rates in the United States, ranking 235 of 245 in a 2000 study by the children's Defense Fund. At that time 37.9% of city residents 18 and younger lived in poverty.



\*percentage of population living in poverty (Source: U.S. Census Bureau, 2000 Census)

## UNEMPLOYMENT

### Comparative Unemployment Rate 2004 and 2005



(Source: NYS Department of Labor, Local Area Unemployment Statistics Program, 2005)

## EMPLOYMENT

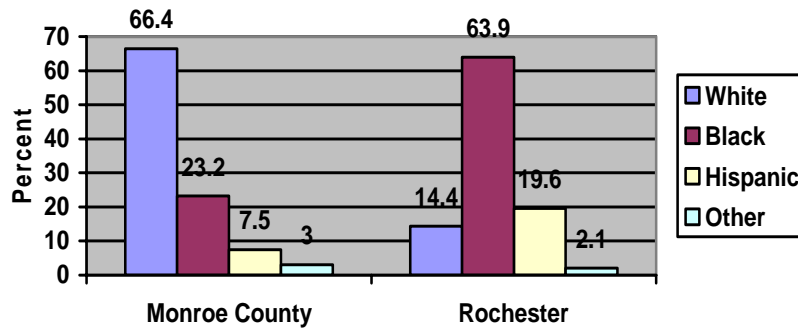
### 10 largest employers in Monroe County

Company Name	Local Employment
University of Rochester/Strong Health	17,199
Wegmans Food Markets Inc.	14,461
Eastman Kodak Co.	14,100
Xerox Corp.	8,100
ViaHealth	6,728
Rochester City School District	5,898
Unity Health System	5,002
Monroe County	4,797
Lifetime Healthcare Cos.	4,086
City of Rochester	3,676

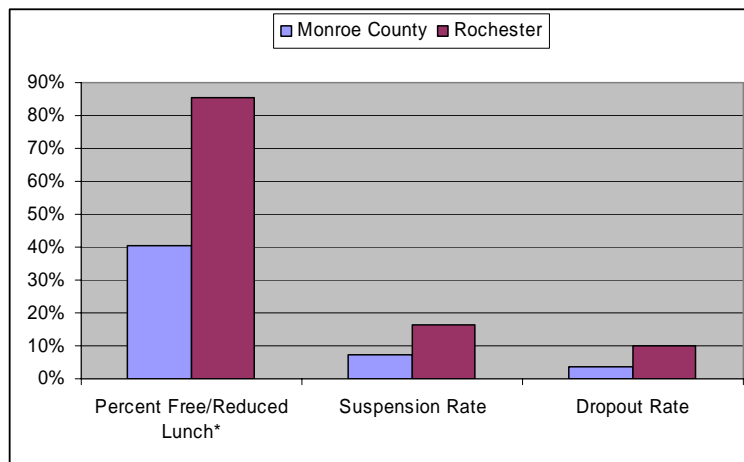
## EDUCATION-ROCHESTER CITY SCHOOL DISTRICT (RCSD)

- Number of Students in 2004: 34,598 pre-K - 12
- RCSD spending Per Student 2004: \$13,142
- NY State spending average 2004: \$12,835

### Race/Ethnicity of Students



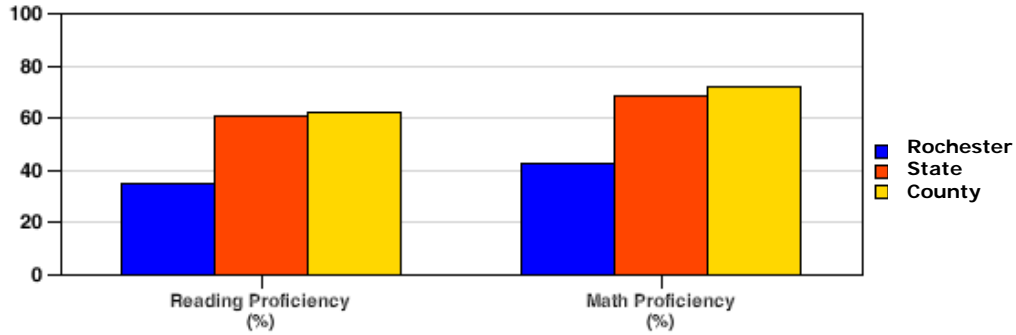
### COUNTY VS. CITY SCHOOLS



\*Eligibility to receive free/reduced school lunch is based on household income. A higher percentage of students receiving free/reduced lunch reflect a higher level of low-income families.

(Source: NYS Education Department, A Report on the Educational Status of the State's Schools, July 2004)

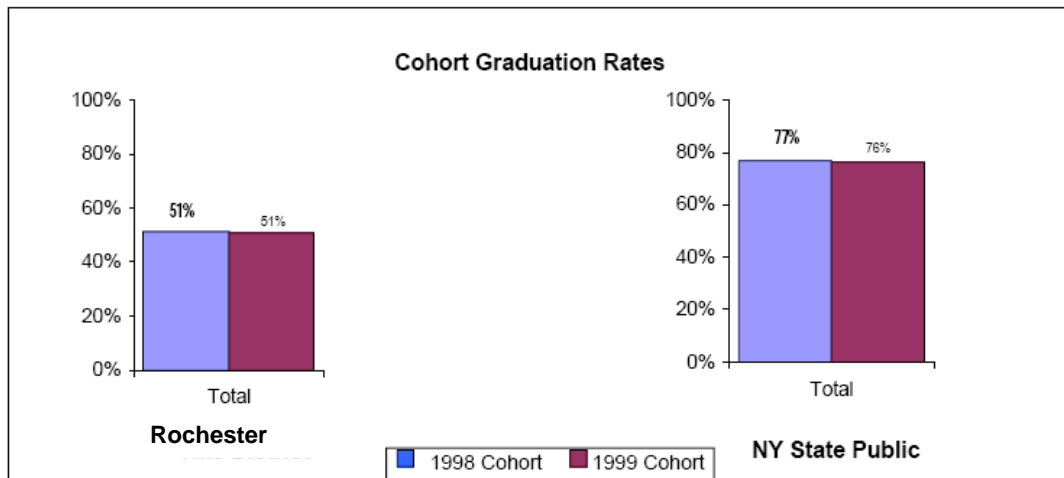
## ACADEMIC ACHIEVEMENT INFORMATION



2004

## GRADUATION RATES

Students were counted as graduates if they earned a local diploma with or without a Regents endorsement by August 31<sup>st</sup> of the fourth year after first entering grade 9. The graduation-rate cohort includes students who transferred to general education development (GED) programs. These students were not counted in the 1998 and 1999 school accountability cohort for English and mathematics.



Source: New York State Department of Education for Rochester City School District, February 2005

## Section Two:

# *IDENTIFYING SERVICE OPPORTUNITIES and IMPLEMENTING YOUR PROJECT IDEAS*

# PLACEMENT PROCESS

## SELF-ASSESSMENT

Start out by thinking about what really interests you, what issues you are passionate about, as well as your needs and abilities. Here are some questions to consider before choosing a community service project:

- Why do I want to do this? What do I hope to achieve or gain from the experience?
- What issues interest me or what would I like to learn more about?
- With whom do I want to work? What community do I want to work in?
- What abilities do I have or what skills would I like to develop?
- How much time can I commit? Do I want a short term or long term activity?
- How will I get there?

## EXPLORING OPPORTUNITIES

There are several ways you can become involved in the Rochester community. If you are interested in community service, anywhere from 1 to even 20 hours per week, contact the Community Service Network (CSN) at x5-4085.

CSN's strives to:

- Provide information on a wide variety of non-profit agencies and both ongoing and one-time volunteer opportunities in Rochester
- Guide students in finding and applying for volunteer opportunities, and in safe and effective community service
- Provide resources on different facets of community service and leadership, including informational and awareness-raising events and campaigns, books, pamphlets, websites, and videos
- Connect students with other individuals and/or groups already serving the community
- Address any issues that come up during the course of service

For more information visit the CSN website: [www.sa.rochester.edu/csn](http://www.sa.rochester.edu/csn) or stop by the Rochester Center for Community Leadership on the 5th floor of Wilson Commons.

Another option is to explore leadership opportunities or internships at a non-profit organization in the area. The Rochester Center for Community Leadership (RCCL) can help you with this process—contact Jenna Bower, AmeriCorps VISTA Coordinator of Community Service at 276-63277, via email @ [jbower@ur.rochester.edu](mailto:jbower@ur.rochester.edu) or Bryan Rotach, Assistant Director via email at [bryan.rotach@rochester.edu](mailto:bryan.rotach@rochester.edu). The RCCL website is [www.rochester.edu/college/rccl](http://www.rochester.edu/college/rccl).

## THE FIRST MEETING/INTERVIEW:

- When deciding upon an organization with which you would like to work, keep in mind the following questions:
  - Does the mission and philosophy of the organization match my own interests and needs? What is the role and reputation of the organization in the community?
  - What types of volunteer opportunities exist within the organization and what are the expectations and responsibilities involved?
  - What skills are required or expected? Am I able to do this type of service?
  - What type of orientation/training and support is provided to volunteers?
  - Can I make the time commitment requested? Do my hours match up?
  - Am I easily able to get to and from my service site?
- After meeting with CSN/RCCL and receiving contact information for potential placements, call the agency contact person to set up a meeting. This may take several calls and/or exchanged messages. Be proactive, be specific, and be persistent.

Example: My name is \_\_\_\_\_. I am a student at the University of Rochester. I am looking to engage in some community service work and was hoping to set up an appointment to meet with you. Does (date) at (time) work for you? If not, let me know and we can arrange a more convenient time. I can be contacted by phone at \_\_\_\_\_, or by email at \_\_\_\_\_. I look forward to meeting with you and starting a relationship that will benefit us both.

- Be prepared! Show up at least 5 minutes before your scheduled meeting. Be ready to tell the agency contact person what days and hours you will be available. Be clear about your limits, abilities, and interests.
- Don't be afraid to ask questions and get clarification about what will be expected of you, including the names of staff to which you will report. Also, ask about specific instructions on the procedure for absences and/or shift changes if applicable.

## IMPLEMENTING YOUR CIVIC ENGAGEMENT PROJECT IDEAS

Several students approach RCCL staff members with ideas for community service projects they'd like to implement. Ideas they present range from common volunteer projects and fundraisers to more intensive ideas such as the creation of courses and internships that focus on community issues and have a service component. Don't limit your ideas to traditional conceptions of community service; civic engagement is a broad measure that encompasses a wide range of activities. RCCL can help you develop your engagement idea into realistic and manageable project. Here are some things to keep in mind...

- Assess the long and short term goals of your project idea. Does it have the potential to become a sustainable program on campus?
- Make sure you are able to articulate how your idea can become a project that is both practical and vibrant. Also, think about how your project will benefit the UR community as well as the Rochester community.
- Would your project benefit from the support of a student organization or collaboration with like-minded students? Don't go at it alone! The help and input of other students will ease the burden of planning and implementing an entire project.
- Find out if similar projects have been initiated by UR students in the past by making an appointment with an RCCL staff member (275-4085). Conduct broad research to help define and refine your idea.
- Never assume you know what the community needs. Use your personal contacts or RCCL to identify community organizations in Rochester whose missions and work aligns with your project idea.
- Meet with potential community partners to help you match your idea to a community need. Forming a positive working relationship with a community agency is an essential step that will ensure your idea grows into a meaningful project that is mutually beneficial for the UR community and the Rochester community.
- Have patience with the community agency you're working with while retaining perseverance. Don't wait to develop your idea; implementation can be long process and your project will likely benefit from an early start.

Section Three:

*AREA AGENCIES & TRANSPORTATIONS*

## SELECTED AREA AGENCIES

The organizations listed below have a stellar reputation in Rochester and among UR students and staff. However, this list is by no means exhaustive; there are several other agencies in Rochester that provide services vital to the community. The RCCL staff can assist you in finding other opportunities if none here interest you.

### **ACLU/GVCLU**

American Civil Liberties Union/Genesee Valley Civil Liberties Union

**Contact:** Gary Pudup, Executive Director

121 N. Fitzhugh St.  
Rochester, NY 14614  
585.454.4334  
[info@gvclu.org](mailto:info@gvclu.org)  
[www.gvclu.org](http://www.gvclu.org)

#### **Mission:**

ACLU/GVCLU works to preserve and protect the Constitutional freedoms guaranteed in the Bill of Rights for all who live in America. GVCLU is dedicated to safeguarding the liberties and rights of the people we serve through advocacy and litigation; legislative action; and public education. We are involved in state and national issues, with a special focus on members of the greater Rochester area and nine county Genesee Valley region.

#### **Volunteer Needs:**

Intake Volunteers  
Program Committees: Education and Fundraising  
Legal Research  
Student Coordinator  
**Social Issue:** Civil Rights and Social Justice

### **AIDS ROCHESTER**

**Contact:** Marcia Famolaro, Director of Volunteer Services

1350 University Ave.  
Rochester, NY 14607  
585.442.2220 x3034  
[Volunteer@AIDSROchester.org](mailto:Volunteer@AIDSROchester.org)  
[www.aidsrochester.org](http://www.aidsrochester.org)

#### **Mission:**

AIDS Rochester, Inc. leads a compassionate community effort within the eight-county Finger Lakes region, providing a continuum of programs and services including education, prevention, advocacy, and support services for people affected by HIV/AIDS.

#### **Volunteer Needs:**

Food Cupboard and Nutritional Programs  
Special Events/Fundraisers—about 5 events per year  
**Social Issue:** Healthcare/Education

### **AL SIGL CENTER**

**Contact:** 1000 Elmwood Ave. Suite 300

585.442.4100  
[www.alsiglcenter.org](http://www.alsiglcenter.org)

#### **Mission:**

*Al Sigl Center* is a resource organization that provides shared and dedicated facilities, business services, and enhanced awareness and financial support for a partnership of

independent human service agencies, to help them achieve their goals and foster the goals of people with disabilities whom they serve.

**Volunteer Needs:** Call for up to date information regarding volunteer opportunities

**Social Issue:** Disability Rights/Awareness

#### **ALTERNATIVES FOR BATTERED WOMEN**

**Contact:** Ruth Kramer, Volunteer Coordinator

585) 232-5200 ext.234

[www.abwrochester.org](http://www.abwrochester.org)

**Mission:**

*Alternatives for Battered Women* exists to enhance the quality of life and empower individuals affected by or at risk of domestic violence. We offer a wide range of volunteer opportunities to individuals over 16. We offer counseling, shelter and education to victims of domestic violence. We have a 24/7 hotline call center, a shelter for safety for victims, a court advocacy program, a transitional support program, and an education prevention program.

**Volunteer Needs:**

Fundraising

Recreation/Playroom Volunteers

**Social Issue:** Domestic violence

#### **ArtPeace Inc.**

**Contact:** Kristen Rapp, Executive Director

104 Brookfield Rd.

Rochester, NY 14610

585.234.0708

[www.artpeace.org](http://www.artpeace.org)

[info@artpeace.org](mailto:info@artpeace.org)

**Mission:**

ArtPeace, Inc. is a 501(c3) not-for-profit organization founded in Rochester, NY that cultivates positive living and working. We are transforming education and creating social change by developing strengths in underserved youth and adults through the integration of arts, recreation, technology and entrepreneurship. We envision a rise of the *creative class* in the 21<sup>st</sup> Century - a generation of critical thinkers, innovators and responsible citizens of all ages who are prepared for life and work in a global community.

**Volunteer Needs:**

Call ArtPeace to get up to date information regarding volunteer opportunities.

**Social Issue:** Integration of the arts, education and technology; youth development

#### **BIG BROTHERS BIG SISTERS OF GREATER ROCHESTER**

**Contact:** Nicole Christopher, Outreach Specialist

232 South Plymouth Ave.

Rochester, NY 14608

585.442.2332 x109

[nchristopher@bbbsr.org](mailto:nchristopher@bbbsr.org)

[www.bbbsr.org](http://www.bbbsr.org)

**Mission:**

Big Brothers Big Sisters of Greater Rochester matches children, ages 6-16, with caring adults in a one-to-one mentoring relationship. We are committed to recruiting, screening and training qualified and dedicated "child safe" Big Brothers and Big Sisters to help local youth realize their potential.

**Volunteer Needs:**  
COUL Kids Club  
Mentor a Child  
Social Issue: Youth Development

#### **BREAST CANCER COALITION OF ROCHESTER**

**Contact:** 840 University Ave.  
Rochester, NY 14607  
585.473.8177  
[www.bccr.org](http://www.bccr.org)

**Mission:**

The Breast Cancer Coalition of Rochester's mission is to make eradication of breast cancer a priority through education and advocacy, to empower women and men to participate fully in decisions relating to breast cancer, to provide support to those coping with a breast cancer diagnosis, and to promote and focus research into the causes, prevention, treatment and cure of breast cancer.

**Volunteer Needs:**

Breast Cancer Walk  
Fundraisers  
Staff information booth at community events  
Social Issue: Women's Health

#### **BOYS AND GIRLS CLUBS OF ROCHESTER**

**Contact:** Pat Calvelli, Assistant Executive Director  
500 Genesee St.  
Rochester, NY 14611  
585.328.3077  
<http://bgcrochester.org/>

**Mission:**

Our mission is to help youth of all backgrounds, with special concern for those from disadvantaged circumstances, realize their full potential as productive, responsible caring members of society. In an effort to accomplish this mission, the Boys & Girls Clubs of America and the Boys & Girls Club of Rochester (BGCR) implements after school programs, which observes identified best practices and program standards. BGCR is licensed for after-school programming with the New York State Office of Children & Family Services. This agreement requires the BGCR to constantly monitor programs for participant safety and program content and value. We implement programs and services that meet the standards set by the Search Institute, Academy for Educational Development and the Center for Early Adolescents.

**Volunteer Needs:**

Holistic Literacy Program: mentors, tutors, readers  
Tutoring and Learning Center: "TLC"  
Social Issue: Youth Development

#### **CAMERON COMMUNITY MINISTRIES**

**Contact:** Nicole Foster, Youth Programs Director  
48 Cameron St.  
Rochester, NY 14606  
585.254.2697  
[www.cameronministries.org](http://www.cameronministries.org)  
[info@cameronministries.org](mailto:info@cameronministries.org)

**Mission:**

Cameron's vision is to be responsive and pro-active while respecting the dignity of each person involved with Cameron. While Cameron is supported by a wide variety of religious and secular organizations, they are always in need of volunteers. Their programs include a hot lunch program, kids' cafe, after school programs, a clothing house, and Sunday Celebration. Cameron Community Ministries, Inc. is an ecumenical urban community center located in the Rochester, New York, Lyell-Otis Neighborhood, which is an area of high poverty. Cameron provides programs for neighborhood residents through volunteers and staff that give school-age children and their families educational and recreational experiences to build life-skills and positive values in a structured, safe and nurturing environment, meals to the hungry, and clothing to those in need. Cameron's service to the neighborhood demonstrates respect for the dignity of all persons. They are faith based, but do not proselytize. All are served.

**Volunteer Needs:**

After-School Tutors (Oct-May)  
Clothing House Assistants  
Hot Lunch Program

**Social Issue:** Poverty, youth development

**THE CENTER FOR YOUTH**

**Contact:** 905 Monroe Ave.  
Rochester, NY 14620  
585.473.2464 x102  
[www.centerforyouth.net](http://www.centerforyouth.net)

**Mission:**

Our Promise to Youth: The Center for Youth is the best organization to turn to for young people seeking to deal with, explore, or understand issues of importance to them - from their perspective, and on their terms. Started by kids, for kids, all Center services from counseling to shelter, to education, to referrals - are rooted in, and delivered with the knowledge that youth want to, and can, take responsibility for their life choices.

**Volunteer Needs:**

Assistant Student Support Specialist  
Arts/Crafts Specialist  
Tutors

**Social Issue:** Youth Development

**COMMUNITY ARTS ACADEMY**

**Contact:** Douglas Stewart, Director of Community Outreach  
597 East Ave.  
Rochester, NY 14607  
585.244.6065  
585.473.7187  
[www.communityartsacademy.org](http://www.communityartsacademy.org)

**Mission:**

The Community Arts Academy is a NYS licensed arts-based after school program which provides a diverse and inclusive cultural experience for school age students (aged 5-12) who attend schools in the city of Rochester. Through exploration of the arts, children connect with their inner, quiet self. They develop a feeling of pride in their accomplishments, which promotes self-esteem, and artistic expression requires concentration and self-discipline, which improves academic performance. The music, dance, art, and drama activities we provide draw from many traditions, thereby promoting understanding among diverse cultures.

**Volunteer Needs:**

Mentors and Tutors

Workshop Leaders: SHARE YOUR TALENTS WITH YOUTH!

Fundraisers

Social Issue: Arts integration, multiculturalism/diversity, youth development

**FOODLINK**

**Contact:** John Baldanza, Volunteer Coordinator

936 Exchange St.

Rochester, NY 14608

585.328.3380 x149

[jbaldanza@foodlinkny.org](mailto:jbaldanza@foodlinkny.org)

[www.foodlinkny.org](http://www.foodlinkny.org)

**Mission:**

Foodlink is the food bank of the Genesee Valley and Finger Lakes region, rescuing food and redistributing it to over 550 human service agencies in a 10 county service area. Foodlink distributes over 7.5 million pounds of food annually.

**Volunteer Needs:**

Food Sorters at Reclamation Center

Special Events

Kids Café

(Can accommodate individuals and large groups)

Social Issue: Hunger and food security, Nutrition, Poverty

**THE FRIENDLY HOME**

**Contact:** Linda Morrow, Volunteer Coordinator

3156 East Ave.

Rochester, NY 14618

585.385.0219

[www.friendlyhome.org](http://www.friendlyhome.org)

**Mission:**

The Friendly Home is a not-for-profit, non-denominational residential health care facility for older adults. The Friendly Home offers a variety of health care services including 24-hour skilled nursing care, rehabilitation, and specialized care for individuals with Alzheimer's and related dementias. The Friendly Home is committed to meeting the changing needs of older adults by providing services that enhance quality of life and promote dignity, individuality and the highest level of independence. The Friendly Home is affiliated with Rochester Friendly Senior Services.

**Volunteer Needs:**

Recreation and Socialization leaders

Friendly Visitor

Mealtime Assistant

Unit Volunteer

Music/Entertainment

Social Issue: Progressive Healthcare, Aging

**FRIENDS HELPING FRIENDS**

**Contact:** Andrew Stankevich, Executive Director

333 Child St.

Rochester, NY 14604

585.730.6084

[www.friends-helping-friends.org](http://www.friends-helping-friends.org)

**Mission:**

Friends Helping Friends fosters multi-cultural collaborations focusing on providing resources to those in need. Friends Helping Friends is a non-denominational, all-inclusive, grassroots nonprofit organization that specializes in empowering and providing resources to motivated individuals, effectively providing human services at the grassroots level.

**Volunteer Needs:**

Bike Repair/teaching bike repair to youth  
Building maintenance  
Clerical and Computer Help  
Grant Writing  
Food Cupboard/Thrift Store  
Social Issue: Poverty, Hunger, Homelessness,

**FRIENDS OF STRONG MEMORIAL HOSPITAL**

Contact: Jane Walsh, Assistant Director of Volunteer Services  
601 Elmwood Ave.  
Rochester, NY 14642  
585.275.2420  
[www.stronghealth.com](http://www.stronghealth.com)

**Mission:**

We provide volunteer services to patients, families, and visitors that enhance patient care. We promote the hospital in the community and we raise money to support patient care needs.

**Volunteer Needs:**

Patient Contact—Recreation and Visiting  
Fundraising  
Office Assistant  
Information Desk  
Social Issue: Healthcare

**FRIENDS OF THE PUBLIC MARKET**

Contact: Andy Johnson, President  
280 North Union St  
Rochester, NY 14609  
585.428.6907  
<http://www.cityofrochester.gov/PRHS/PublicMarket/index.cfm>

**Mission:**

The Friends of the Market is a group of volunteers who provide tours and education to visiting school groups as well as promote the market as one of Rochester's most unique shopping experiences.

**Volunteer Needs:**

Market Tour Guides for school children  
(Must be available Thursdays 10am-2pm)

**Social Issue: Sustainability**

(Availability of locally grown, sometimes organic, produce and other foods)

**GENESSEE CENTER FOR THE ARTS AND EDUCATION**

Contact: Janice Goldthorpe, Executive Director  
713 Monroe Ave.  
Rochester, NY 14607

585.244.1730  
[www.geneseearts.org](http://www.geneseearts.org)

**Mission:**

Our mission is to provide visual literacy, technology, and cultural opportunities to all community members, with a strong emphasis on the under-served youth of the area. Our programs use art to strengthen the community by fostering a cross-cultural understanding and developing creative outlets for personal expression. We believe that a positive art experience can change a person's life.

**Volunteer Needs:**

Help with the arts  
Help with the youth  
Distribute promotion materials  
**Social Issue:** Art Education

**GRACE URBAN MINISTRIES**

**Contact:** Relton Roland or Jennifer Wolfley  
858-860 Dewey Ave.  
Rochester, NY 14613  
585.458.1310 or 585.458.7296

**Mission:**

Grace Urban Ministries (GUM) is an issue focused, ecumenical faith-based agency working to improve family self-sufficiency and promote neighborhood revitalization in the Northwestern section of the city of Rochester. We do not proselytize and are non-judgmental in approach.

**Volunteer Needs:**

Tutor for at-risk elementary students (partnership with School 34 on Lexington Ave.)  
**Social Issue:** Education and economic improvement, community building

**HILLSIDE FAMILY OF AGENCIES**

**Contact:** Don Gordon, Volunteer Coordinator  
1183 Monroe Ave.  
Rochester, NY 14620  
585.256.7500  
[www.hillside.com](http://www.hillside.com)

**Mission:**

Hillside Family of Agencies provides individualized human services to children, youth, and families through an integrated system of care. Hillside is committed to these ideals: respect all people; empower everyone; achieve results; create partnerships; high performance.

**Volunteer Needs:**

Call for up to date information regarding volunteer opportunities  
**Social Issue:** At-risk youth and their families

**HOPE HALL**

**Contact:** Linda Foster, Volunteer Coordinator  
1612 Buffalo Rd.  
Rochester, NY 14624  
(Town of Gates; Personal Transportation required)  
585.426.0210  
<http://hopehall.org>

**Mission:**

Hope Hall is a successful alternative learning environment for children in grades 3-9 with unique needs. Hope Hall operates as a private, non-denominational, not for profit school serving the greater Rochester area; utilizes and leverages the Mastery in Learning Program, written and copyrighted by Hope Hall's founder; provides a supportive, multi-sensory educational approach for student who consistently experience frustration and failure in a traditional classroom; empowers students to be successful learners, and productive citizens.

**Volunteer Needs:**

Student Aide in reading, spelling, or math

**Social Issue:** Education

**JEWISH FAMILY SERVICES OF ROCHESTER, INC**

**Contact:** Randi Nunn, Volunteer Coordinator

585.461.0110

[www.jfsrochester.org](http://www.jfsrochester.org)

**Mission:**

Jewish Family Service provides quality, accessible and affordable social services dealing with the crises, transitions and dynamics of families and individuals in the Jewish Community and general population.

**Volunteer Needs:**

Friendly Visitor for the Aging (@441 East Ave, Rochester, NY 14607)

Work one-on-one with 1<sup>st</sup> graders (Rochester City School #36, St. Jacob's St.)

**Social Issue:** Health, Education, community building

**LEGAL AID SOCIETY OF ROCHESTER, NY**

**Contact:** Kathleen James, Director of Operations

One West Main St. Suite 800

Rochester, NY 14614

585.295.5774

[www.lasroc.org](http://www.lasroc.org)

**Mission:**

The Legal Aid Society of Rochester is a not-for-profit organization that provides direct civil legal services, including lay advocacy and related human services, to adults and children. We ensure that those who seek justice have an opportunity to receive a fair and full hearing. We obtain legal solutions that have a beneficial impact on our clients and the community.

**Volunteer Needs:**

Assistant to Paralegal

File Clerk

Legal Assistant to Program Staff

Volunteer/Student Attorney

**Social Issue:** Access to justice

**LITERACY VOLUNTEERS OF ROCHESTER**

**Contact:** Jennifer Eaton

249 Highland Ave

Rochester, NY 14620

585.473.3030

[www.literacyrochester.org](http://www.literacyrochester.org)

**Mission:**

Literacy Volunteers of Rochester, Inc. is an organization of trained volunteers, dedicated to providing one-to-one or small group tutoring to functionally illiterate adults, and to others

lacking English language skills and to fostering literacy in the greater Rochester, New York area.

**Volunteer Needs:**

Literacy Assistant

Literacy Tutor

Videographer

**Social Issue:** Literacy, education

**PLANNED PARENTHOOD OF THE ROCHESTER/SYRACUSE REGION**

**Contact:** Kathleen Pexton, Regional Manager of Volunteers and Special Events

114 University Ave.

Rochester, NY 14605

585.546.2771 x338

[www.pprsr.org](http://www.pprsr.org)

**Mission:**

Planned Parenthood of the Rochester/Syracuse Region protects and supports every person's right to make voluntary, informed decisions about sexuality and reproduction in order to lead a healthy and fulfilling life. To do this, Planned Parenthood provides health care, education, counseling and leadership in preserving the right to reproductive freedom. Special emphasis is given to women who have limited access to services.

**Volunteer Needs:**

Advocacy Work as a VOX intern

Clinic Assistant

Clinic Escort

Community Affairs Intern

Education and Outreach Intern

Volunteer Program Intern

Rape Crisis Volunteers

**Social Issue:** Women's Rights and Reproductive Rights

**RONALD McDONALD HOUSE OF ROCHESTER**

**Contact:** Kathy Keenahan, Director of Volunteers

333 Westmoreland Dr.

Rochester, NY 14620

585.442.5437 x 3

[www.ronaldshouse.com](http://www.ronaldshouse.com)

**Mission:**

Ronald McDonald House Charities of Rochester reaches out to the community to promote the health and well being of children and their families by providing a home away from home for families whose children are receiving medical treatment and supporting other programs that help children.

**Volunteer Needs:**

House Volunteer

Meal Preparation for families

**Social Issue:** Children's Healthcare

**SOJOURNER HOUSE**

**Contact:** Portia Chiarella, Volunteer Coordinator

30 Millbank St.

Rochester, NY 14619

585.436.7100

[www.sojournerhouse.org](http://www.sojournerhouse.org)

**Mission:**

Provide transitional housing & intensive counseling to women in need including women with children who are committed to developing stable, independent and productive lifestyles.

**Volunteer Needs:**

Kitchen Assistant

Study Buddy Tutor

**Social Issue:** Domestic Violence, Women's Rights

**WOMEN HELPING GIRLS**

**Contact:** Joyce Pearson, Coordinator

494 East Ave.

Rochester, NY 14607

585.233.7502

[www.womenhelpinggirls.org](http://www.womenhelpinggirls.org)

**Mission:**

Women support underserved girls in the Rochester City School District in leading productive and successful lives by recognizing and respecting each girl's assets, and by providing emotional support, guidance, mentoring and broadening experiences.

**Volunteer Needs:**

Mentor Girls in the Rochester City School District, grades 7-12

**Social Issue:** Education, mentoring

## *STUDENT GROUPS*

Below are a variety of student led programs focused on community service are active at the University of Rochester. For information please contact CSN or RCCL or see Campus Club Connection on the web.

<b>Group</b>	<b>Type of Service and Focus Issues</b>
Alpha Phi Omega Service Fraternity	Variety
Cameron After-School Program	Children, Tutoring
Circle K	Variety
Colleges Against Cancer	Fund and Awareness Raising
Grassroots	Environment
Habitat for Humanity	Housing
Hillel Literacy Program	Literacy, Children
Jumpstart	Early development, Children
Partners in Reading	Literacy, Children
Protestant Chapel Community	Soup Kitchen, donations
Sababa (Hillel Community program)	Adopt-A-Grandparent
Tiernan Project	Special Interest Housing, Variety
Baden Street	Children
Community Learning Center	Variety
Power of Dance	Children, arts
Urban Choice Charter School	Children, education
UR Tours Jr.	Children

## *TRANSPORTATION*

There are many ways to arrive to your volunteer site safe and quickly. Below are different modes of transportation. If you are having a difficulty identifying transportation options email CSN.

### **CSN Van**

Community Service Network has a van for individuals and groups to use when doing community service programs within the City of Rochester. Priority for van use is given to CSN Supported Programs. More information can be requested from RCCL staff at 275-4085.

### **RTS Bus Lines**

University of Rochester students, faculty, and staff have free access to the bus lines listed below, with the exception of the 4, 6, and 18/19 lines. For bus schedules stop by the Common Connection or visit the Rochester Genesee Transportation Authority at [www.rgrta.org](http://www.rgrta.org).

- 4 - Genesee
- 6 - Jefferson
- 18 - University Ave
- 19 - Plymouth Ave
- 70 - The Blue Line
- 72 - The Red Line
- 73/75 - The Green Line

## Section Four:

### *EFFECTIVE SERVICE*

# EFFECTIVE SERVICE

## UNDERSTANDING THE NON-PROFIT CULTURE

### Definition

The term non-profit describes many different types of organizations. Universities, service agencies, social or civic organizations, religious institutions, and most museums are nonprofit organizations. Put simply, a nonprofit organization is required to use all its funds to support the organization and is classified as a 501(c)3 corporation.

Nonprofits differ greatly in terms of size, financial resources, and people served. Some nonprofits, like the United Way or American Cancer Society, are well known national organizations that serve large populations, while many smaller organizations, like Sojourner House or the 19<sup>th</sup> Ward Community Association, have more of a neighborhood focus. Many local agencies are affiliated with or run by national organizations that provide direct service to area residents. However, there are many locally or regionally based nonprofits as well.

### Volunteers in non-profits

Because non-profits rely on private donations, grants and public funds as their primary funding sources, many often operate with tight budget constraints. As a result, they may be understaffed and under resourced, while trying to provide services for a community's most pressing social issues.

Volunteers often play a direct role in providing services, such as tutoring children, or their work might be a little less exciting, but just as important and helpful, like sending out mailings or answering phones.

## BEING EFFECTIVE AT YOUR SITE

Assess your personal skills to share with your site supervisor. Start by making a list of your skills and assets considering the following:

- Work or service experience - any job or service where you gained some type of relevant experience
- Special skills or expertise - any hobby or skill that you have and can possibly teach someone (i.e. sports, computers, art, music)
- Personal qualities and characteristics - are you patient, flexible, organized? Do you have a sense of humor? Do you like to learn from others? Do you enjoy teaching others?

### Make a good impression at the agency

- *Be sure to greet those you work with.* An accepted norm could be shaking hands, nodding or smiling. Respect your environment.
- *Be friendly, but cautious,* during your initial contacts with clients. It may take longer for some clients to build a relationship with you. In this case, you may need to let the client take the initiative.

- *Show initiative.* Find opportunities to help out as often as possible. If you don't have anything to do, ask someone if you could help them.
- *Be shockproof.* Clients, particularly children, often show feelings, use language, or express ideas and demonstrate behavior that may seem startling to others. Overreaction on your part may intensify this behavior or make it unduly important. When you are not certain about how you should interpret such behaviors, consult supervisory staff (Dunlap, 2000).
- *Be consistent in your actions.* Be honest about your service commitment so that clients are not confused or disappointed when your service time is over. Always be on time for appointments you make. Be conservative and realistic about the promises you make. The lifestyle of college students can make keeping promises challenging (Dunlap, 2000).
- *Maintain confidentiality.* Of the agency and clients at your site. Do not give out your own personal information, along with the information about the clients or agency. If you have any questions regarding issues of confidentiality where you work, speak with your agency supervisor, CSN, RCCL, or the Dean of Students or Student Activities Office staff.
- *Share your skills.* Talk with your site supervisor about any special skills or ideas you would like to share with the clients at your site.

## DIVERSITY & CULTURE

In your service you will probably meet people who have backgrounds different from yours. Whenever learning about a new culture, it is a good idea to follow these guidelines.

**RESPECT...** is to admire and hold in high esteem. When diversity is respected, students value different ways of approaching the same reality.

- Service in the community may allow students to experience diverse cultures.
- If confronted with a situation or comments that make you feel uncomfortable, think before you react.

**EMBRACE...** is the next level of dealing with diversity. If we embrace diversity, it means that we, at the very least, acknowledge differences without denying their importance. We should:

- Appreciate a variety of perspectives.
- Appreciate differences whether or not we practice them.
- Expand our horizons as new settings challenge us.

**LEARN...** to affirm differences rather than deny them. Becoming sensitive to multicultural perspectives means reeducating ourselves in many ways.

- Challenge your stereotypes - it serves no purpose to over generalize about values and priorities.
- Learn to see reality from a variety of perspectives.
- Give yourself the time to overcome feelings of inadequacy that often overcome people when dealing with issues of multiple cultures.  
(Source: Office of Multicultural Affairs, Syracuse University)

**FREEDOM...** is the right for others to learn, teach, and work—to express themselves through their ideas and activities.

- Be open to the expression of ideas and action.

**RESPONSIBILITY**...is to take ownership of one's ideas and actions. To act or express one's ideas openly and in a responsible manner enhances the learning and growth of all.

- Ideas and actions are neither anonymous nor isolated.

**HONESTY**...and personal integrity strengthens the interrelationships on which community is built. It is fundamental for participation in a community dedicated to growth.

- Honesty strengthens bonds between people.
- It eliminates wasted energy and opportunities for all involved.

**FAIRNESS**...is encouraged in every person when using open methods of communication and action. Every person deserves fair treatment according to the privileges of a free society.

- Slow down decision-making and reflex on the decisions impact.
- Expand the picture to make sure all people have the opportunity to contribute or participate.

## **STRATEGIES FOR WORKING WITH PEOPLE:**

### **I. General Strategies**

#### *A. Ideas for Initial Contact*

The best way to get to know your clients is to learn more about them. Here are some ideas that work with any age group.

- Introduce yourself. Tell your client a little about yourself.
- Encourage your client to tell you about him/herself, favorite sports figure, hobbies, music, etc.
- Ask creative and open ended questions -
  - If you could do anything with your free time, what would you do?
  - If you could write a book, what kind of book would it be?
  - If you could travel anywhere, where would it be?

Allow him or her to share personal opinions and ideas without judging or correcting.

(Source: US Dept. of Health and Human Services, 1998 & Indiana Readings Corps, 1997)

## *B. Maintain the Relationship*

Regular attendance is critical when developing a relationship or trust. By following the simple rules listed below, you will ensure a rewarding experience for both you and the client.

- A good way to show respect for your client is by being consistent in your attendance.
- Allow the client to feel comfortable enough to forge a friendship of trust and understanding, but do not let him/her cross the line.
- DO NOT make promises you cannot keep. Be honest about your intentions and clear about our expectations.
- Treat your client with the same respect you expect for yourself.
- Respect your client's feelings...think before you speak.  
(Source: Franklin Tutoring Model, SU Literacy Corps; TUTOR, Literacy Volunteers of America)

*For more information on working with specific groups i.e. youth, elderly, disabled, or city officials please stop by the Rochester Center for Community Leadership office.*

## Section Five:

### *SAFE SERVICE*

## SAFE SERVICE

As with anywhere you go, you must take steps to ensure your own safety when doing service. Safety tips:

- Know your service site supervisor and who to contact should a problem arise.
- *Ask about policies, procedures, and etiquette specific to your service site.*
- When in doubt, always ask for help.
- *Avoid the responsibility of opening or closing the agency for the day.*
- Respect the privacy of all clients (recipients of service).
- *Avoid any language or communications that may be perceived as inappropriate or harassing.*
- Do not offer your home as a shelter for clients
- *Leave the phone number of your service site and your schedule with a friend.*
- Avoid the responsibility of being in charge of money.
- *Only give personal contact information (phone number, address, e-mail, etc) to your supervisor; avoid sharing this information with clients, other volunteers, or staff members.*
- Do not give money to or accept money from staff or clients.
- *Dress appropriately (no bare midriffs, short shorts, sandals, t-shirts with inappropriate logos or language) and leave expensive or excessive jewelry at home.*
- Do not leave your purse or personal belongings in an unsafe location. When possible, leave all valuables at home.
- *Avoid one-on-one situations that isolate you from areas of supervised activity.*
- Restrict service activities to the service site.
- *Familiarize yourself with the neighborhood and environment of your service site.*
- Do not report to the site under the influence of alcohol or drugs.
- *Avoid going off-site for meetings.*
- Tell a friend or roommate where you will be, and when you expect to return.

(Adapted from Campus Compact's *Serving Safely: A Risk Management Resource for College Service Programs*, Sharon Joyce and Elaine Ikeda).

If you have any doubts about safety, consult with your site supervisor, your professor/instructor, or the RCCL/CSN office to assess the risk. Report any suspicions of abuse, neglect, or criminal activity to both your site supervisor and the Dean of Students Office (275-4085) immediately.

## TRANSPORTATION SAFETY

University Security Service offers these helpful safety tips when traveling in the city. While on the University campus dial 13 for emergencies, dial x53333 for non-emergency, or dial #413 from Cingular or Verizon cell phones.

- Do not transport your clients.
- If you are driving yourself, make sure you have directions and your car has been serviced.
- Before you go learn some facts about the place you are visiting.
- Walk with a purpose. Look confident and keep your head up.
- Make eye contact with others as you pass by them.
- Don't leave personal belongings unattended, even for a moment.
- Know how to summon help in an emergency, on or off campus.
- Travel in groups whenever possible.

Section Six:

*AFTER SERVICE*

# AFTER SERVICE

## SERVICE RECAP

Through your service, you worked with people who have a broad understanding of how to identify and address the needs of their community. The following questions are a guide to reflect upon your service.

- What skills, talents, and interests have you gained through your service?
- What personal expectations were and were not met during your service?
- During your service did you know why you were doing what you did?
- How did your service site impact you?
- What lessons have you learned about working within a community?
- How has the community benefited from your service?
- What type of setting—e.g. school, city hall, non-profit—where you located in during your service? How did you or didn't you connect to, relate to, improve, or enjoy your site?
- What issues—e.g. education, children, health, environment, public safety—did you address during your service? How has your knowledge to these issues grown?
- Can you see your self continuing the same service next year?
- Do you know where to go or who to contact to find your next service opportunity?

## DOCUMENTING SERVICE

Keeping a record of your community service and engagement activities is helpful for several reasons. Good documentation is imperative to the creation of institutional and even student group memory and thus, can help future student leaders to learn from past experiences and to avoid reinventing procedures. Documented service and engagement activities can also support appeals for the expansion of community service programs, which benefit not only the UR community, but the greater Rochester community as well.

## WHAT COMES NEXT

Volunteering can lead to new friendships, interests, goals, jobs, studies, etc. Reflecting on your service can help solidify your academic and/or career goals. The Career Center, Rochester Center for Community Leadership, and your department secretary can assist you in finding and applying to opportunities that meet your goals. Below are just a few opportunities to think about.

- Specialized research, internships—Anthropology, Religion & Classics, Women's Studies
- Summer internships.
- Urban Fellows
- AmeriCorps or Peace Corps
- Teach for America
- Rochester Youth Year Fellowship Program (contact RYY Coordinator @ 275.5957)
- City Year
- Bill Emerson National Hunger Fellowship
- Career in non-profit
- Graduate school in issue of interest

## *REMINDERS*

- If you enjoyed your service experience become an advocate for community engagement, and share your story.
- Make sure you mention your service in your **resume**. Employers appreciate employees who are civically engaged.
- Service and community engagement does not always mean direct service. Try sitting on an agency board or taking part in your local neighborhood association.

## Section Seven:

### *RESOURCES & REFERENCES*

# *INTERNET RESOURCES*

## University of Rochester

[Diversity at the UR](#)

[UR Learning with RCSD Students](#)

[CSN](#)

[Rochester Center for Community Leadership](#)

## Rochester

[Rochester City Government](#)

[Rochester Business Alliance](#)

[Rochester Tourism](#)

[Rochester City School District](#)

[Rochester Democrat and Chronicle Newspaper](#)

[The City Newspaper](#)

[Transportation](#)

## Community Service and Service Learning

[Action for Change \(college students\)](#)

[New York Campus Compact](#)

[National Service Learning Clearinghouse](#)

[Diversity Resources](#)

## DEMOCRAT AND CHRONICLE ARTICLES:

These and other articles can be accessed online at [www.lib.rochester.edu](http://www.lib.rochester.edu) -Basic Search "Democrat and Chronicle" as Journal Title—Choose "Democrat and Chronicle [electronic resource]"—link to "Access full text here"

Orman, D. (2004, May 16). *Race in Rochester: 50 Years After Brown vs. Board of Education. Economics, Not Law, Segregates Students. Rochester Democrat and Chronicle*, pp. 1A, 8A.

Gantt, A. and D. Richardson. (2004, June 13). *Youths + Advocates + Jobs = Success in Hillside Program. Rochester Democrat and Chronicle*, p. 25A.

Rayam, S. and J. Memmott. (2004, July 25). *Race in Rochester: 40 Years After the Riots. Recovering, Rising. Rochester Democrat and Chronicle*, pp. 1A, 11A-12A.

Rivera, M. and J. Leonard. (2004, December 14). *Gates Foundation Grant Helps City Schools Help Themselves. Rochester Democrat and Chronicle*, p. 15A.

Asbury, J. (2005, January 13). *UR's Bridge to Community Benefits Citizens, Students. Rochester Democrat and Chronicle*, p. 9A.

Editorial. (2005, January 19). *UR Here. Rochester Democrat and Chronicle*, p. 8A.

Goodman, J. (2005, March 22). *Lead Fight Refocusing. Rochester Democrat and Chronicle*, pp. 1A, 6A.

Davia, J. (2005, June 17). *Job Losses Hit City Hard. Rochester Democrat and Chronicle*, pp. 12D, 10D.

Hare, M. (2005, June 26). *To Be a Big City, Rochester Needs to Act Like a Big City. Rochester Democrat and Chronicle*, p. 1B.

This booklet is modeled after Syracuse University's *The Mary Ann Shaw Center Guide to Community Based Learning in the Syracuse Area 2004-2005* (K. Easterly, S. Vliet, T. Rudd).

The Community Service Network (CSN)

585-275-8172

[www.sa.rochester.edu/csn](http://www.sa.rochester.edu/csn)

The Rochester Center for Community Leadership (RCCL)

585-276-3277, 585-275-2195, 585-275-5957

[www.rochester.edu/college/rccl](http://www.rochester.edu/college/rccl)